

Carlton Primary School PE Sequencing

Sequencing across the Year groups

	Autumn Term		Spring Term		Summer Term	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Intro to PE: Unit 1	Fundamentals: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Ball Skills: Unit 1	Games: Unit 1
	Intro to PE: Unit 2	Fundamentals: Unit 2	Dance: Unit 2	Gymnastics: Unit 2	Ball Skills: Unit 2	Games: Unit 2
1	Fundamentals	Fitness	Dance	Gymnastics	Athletics	Target Games
	Sending and receiving	Invasion	Yoga	Team Building	Ball Skills	Striking and Fielding
2	Fundamentals	Fitness	Dance	Gymnastics	Athletics	Target Games
	Sending and receiving	Invasion	Yoga	Team Building	Ball Skills	Striking and Fielding
A	Fundamentals	Fitness	Dance	Gymnastics	Athletics	Rounders
	Football	Basketball	Yoga	OAA	Ball Skills	Hockey
B	Fundamentals	Fitness	Dance	Gymnastics	Athletics	Tennis
	Netball	Tag Rugby	Yoga	OAA	Ball Skills	Cricket
C	Badminton	Fitness	Dance	Gymnastics	Athletics	Rounders
	Football	Basketball	Yoga	OAA	Swimming	
D	Dodgeball	Fitness	Dance	Gymnastics	Athletics	Tennis
	Netball	Tag Rugby	Yoga	OAA	Swimming	

Sequencing across the unit

Weeks	Content focus
1	Introduction to sport
2	Skill-based
3	Skill-based
4	Application of skill
5	Application of skill
6	Performance/ Game